

## WORKLOAD DAILY JOURNAL

**Name** \_\_\_\_\_

**Date** \_\_\_\_\_

**Shift** \_\_\_\_\_

Did you start early today Y  N

If yes, how early? \_\_\_\_\_

Did you take your breaks today? Y  N

If no, what breaks were missing? \_\_\_\_\_

How long did you spend charting today \_\_\_\_\_

ACTIVITY DESCRIPTION	LOCATION	DURATION	INTERRUPTION DESCRIPTION	DURATION OF INTERRUPTION	ADDITIONAL INTERRUPTIONS HOW MANY? DURATION?

Please provide any additional comments on the back of the page.

**ADDITIONAL COMMENTS**

A large rectangular area with a light gray background and horizontal white lines, intended for providing additional comments.